

SOUTHERN ILLINOIS UNIVERSITY  
CARBONDALE

# TRiO MAGAZINE

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# HISTORY OF TRiO PROGRAMS

The history of TRiO is progressive. It began with Upward Bound, which emerged out of the Economic Opportunity Act of 1964 in response to the administration's War on Poverty.

In 1965, Educational Talent Search, the second outreach program, was created as part of the Higher Education Act. In 1968, Student Support Services, originally known as Special Services for Disadvantaged Students, was authorized by the Higher Education Amendments and became the third in a series of educational opportunity programs. By the late 1960s, the term "TRiO" was coined to describe these federal programs. Over the years, the TRiO Programs have been expanded and improved upon to provide a wider range of services and to reach more students who need assistance.

In 1972, the Higher Education Amendments added to the TRiO group authorizing the Training Program for Federal TRiO Programs, initially known as the Training Program for Special Programs Staff and Leadership Personnel.

In 1986, the Dr. Ronald E. McNair Post-Baccalaureate Achievement Program was added.

In 1990, the administration created the Upward Bound Math/Science Program to address the need for specific instruction in the fields of math and science.

The Federal TRiO Programs are educational opportunity outreach programs designed to motivate and support students from disadvantaged backgrounds. TRiO includes seven outreach and support programs targeted to serve and assist low-income, first-generation college students and students with disabilities to progress through the academic pipeline from middle school to post-baccalaureate programs.

**SIU CARBONDALE CURRENTLY HOSTS THREE TRiO PROGRAMS: PROJECT UPWARD BOUND, STUDENT SUPPORT SERVICES AND THE MCNAIR SCHOLARS PROGRAM. THE COMBINED TRiO PROGRAMS CONTRIBUTE MILLIONS OF DOLLARS OVER A FIVE-YEAR GRANT CYCLE TO THE UNIVERSITY.**

**AS WE LOOK INTO THE NEXT CENTURY, LEADERS WILL BE THOSE WHO EMPOWER OTHERS.**

**-BILL GATES**



# PROJECT UPWARD BOUND

## **BENEFITS**

- Financial aid and college admission preparation
- Academic enrichment
- Post-secondary experiences
- Workshops
- Social/cultural/educational field trips
- Year-round counseling and tutoring
- Personal and study skills development
- Six-week summer enrichment program

## **ELIGIBILITY**

Must meet one of these two criteria:

- First-generation college student (neither parent has a four-year degree), or
  - Meets federal income guidelines
- and
- Must attend one of the six schools served by the project

**PROJECT UPWARD BOUND**  
ANTYNE LESTER, DIRECTOR

WOODY HALL - MAIL CODE 4706  
SOUTHERN ILLINOIS UNIVERSITY  
900 S. NORMAL AVE.  
CARBONDALE, IL 62901

PHONE: 618/453-3354  
FAX: 618/453-5208  
EMAIL: [ASKAK@SIU.EDU](mailto:ASKAK@SIU.EDU)  
WEB: [UPWARDBOUND.SIU.EDU](http://UPWARDBOUND.SIU.EDU)



# STUDENT SPOTLIGHTS

**Jaliel Barr** is a student at Century High School. She is a senior and ranked 12 out of 32 in the senior class. She participates in Senior Beta Club, Student Council (Secretary), Science Club, Volleyball and is homecoming attendant. Her current GPA is 3.5 and she plans to attend Southern Illinois University. Jaliel is a recipient of the Dean's Scholarship Award. She wants to major in journalism. Upward Bound has helped her become more confident and outspoken. Mrs. Roper and Mr. Lester have helped Jaliel focus on the path that will best fit her and have made the decision to attend college much easier for her.



**Tre'Von Bingham** is a ninth grader at Cairo Jr. Sr. High School. His current GPA is 3.281, placing him in the top five percent of his class. After he finishes high school, he plans to attend Grand Canyon Christian University.

Tre'Von's aspiration is to be successful in life. He is determined to succeed and believes Upward Bound has helped him prepare for his current classes during its summer program. He aspires to be a crime scene investigator because it is exciting and will offer many new experiences.

**Arrion Harris** attends Murphysboro High School. Her academic goals for school are to make straight A's and graduate high school with a GPA of 3.5 or higher. Upward Bound has helped her improve her understanding of Algebra 2 and also helped her overall math skills. Arrion is enrolled in an advanced math class thanks to the help she received in the Upward Bound program. She hopes to attend a great college to better her business skills and attend an Art Institute to advance her artistic skills. Arrion also hopes to one day own her own business.

**Marie Johnson** is currently a senior at Meridian High School in Mounds, Illinois. She is ranked third in her class and has a 3.6 GPA. She is currently a member of the Beta Club and Student Council. Marie wants to attend Shawnee Community College or Murray State University. She plans to obtain a degree in nursing. Marie says: "Upward Bound has helped me by preparing me for a better curriculum. Upward Bound has also helped me become a more responsible student."

**EDUCATION IS THE PASSPORT TO THE FUTURE, FOR TOMORROW BELONGS TO THOSE WHO PREPARE FOR IT TODAY.**

**-MALCOM X**



# COLLEGE TOUR 2014



From left:  
Sidney Ousley,  
Quiandra Morrison,  
Jazmyne James,  
Amarri Oats,  
Maya Hall,  
Joseph Stanford

## UPWARD BOUND ADMITS AND SCHOLARSHIP RECIPIENTS

Dean's Scholarship: Jaliel Barr  
University Excellence Scholarship: Nathan Price

## FORMER UPWARD BOUND STUDENTS CURRENTLY ATTENDING SIU CARBONDALE

Jatia Abbott  
Dalisa Barber  
Corika Coleman  
Jocelyn Coleman

Jimmy Ellis  
JaRaeyah Farr  
Hoston Gee  
Demetrious Green

Shatoriya Janjirawat  
Malcom Love  
RaySean Pugh  
Tre-von Sherrill  
Troya Winchester

On March 22, 2014, the Upward Bound program at Southern Illinois University Carbondale escorted a select few of our juniors and one senior on a mini college tour. The students toured Harris-Stowe State University in St. Louis, Missouri, and Southern Illinois University at Edwardsville. Students talked to admissions counselors and were provided avenues for application to each institution. Students were able to see some of the sights of St. Louis and gain some useful academic and financial information.



# STUDENT SUPPORT SERVICES

## BENEFITS

- Academic counseling
- Assistance with course selection
- Financial aid assistance
- Social and cultural enrichment
- Free printing
- Individualized tutoring
- Workshops

## ELIGIBILITY

Must meet one of the following three criteria:

- First-generation college student (neither parent has a four-year degree),
- or
- Meets federal income guidelines,
- or
- College student with a disability.

Plus:

- Potential to graduate from the university

## STUDENT SUPPORT SERVICES

RENADA GREER, DIRECTOR

WOODY HALL C309—MAIL CODE 4721  
SOUTHERN ILLINOIS UNIVERSITY  
900 S. NORMAL AVE.  
CARBONDALE, IL 62901

PHONE: 618/453-6973

FAX: 618/453-6220

EMAIL: RENADAG@SIU.EDU

WEB: TRIOSTUDENTSUPPORT.SIU.EDU

**EDUCATION IS THE  
MOST POWERFUL  
WEAPON WHICH YOU  
CAN USE TO CHANGE  
THE WORLD.**

**-NELSON MANDELA**



# MEETING AND EXCEEDING THE CHALLENGES OF HIGHER EDUCATION



As first generation college students, KeShon Adkins and Shantel Franklin understand the challenges of being successful in college, but have not allowed these challenges to stop them from pursuing a college degree.

KeShon is a senior majoring in radio and television. He is chief knowledge officer for Black Male Roundtable and also participates in WIDB Radio. KeShon believes being a member of Student Support Services (SSS) has allowed him to overcome his inability to seek help from professors. He has become more vocal, taken on executive board positions and become more of a leader and he attributes this to the support of the SSS staff. He aspires to become a basketball announcer for ESPN.

Shantel is a sophomore majoring in political science. She is a member of the Delta Sigma Theta Sorority, Inc. (Chapter Parliamentarian), Undergraduate Student Government (Senator), University Honors Program, McNair Scholars Research Program, Political Science Ambassador and is on the Dean's List. Shantel believes SSS has continuously helped her succeed by providing countless resources and support.

## THE SISTERHOOD



Jaliyah Lemons, Jacari Henderson and Jariah Henderson are sisters who have supported each other through college. Jacari is the oldest and convinced her younger sisters that college is the key to their future success.

Jaliyah is a freshman majoring in healthcare management. She plans to become a healthcare advisor. Jaliyah says SSS helps her with school work and personal problems. "Our SSS mentors are always here for us with a smile on their faces, ready to help!"

Jariah is a senior majoring in political science. She has been a member of SSS all four years of college. Jariah knows that SSS has helped her network, stay focused and has always been a second family with lots of support and encouragement. She plans to become a prison counselor.

Jacari is a graduate student studying political science. She is also a graduate assistant at SSS. SSS has contributed in assisting her academically and emotionally to help achieve her bachelor's degree in political science. "SSS helped me through difficulties and issues that I encountered in college," Jacari says. "SSS has been my extended family, always offering support and guidance in every aspect of my life. I was the first to attend college in my family. Because I understood the benefit and value of getting a college education, I encouraged my two younger sisters to do the same."



# SALUKI SUMMER BRIDGE



**Rashad Faison-Woods** is a music education major and a member of the Percussion Club. Rashad says, "SSS supported me in my time of need this year. If I just needed to talk, or needed help getting textbooks, finding tutors or even finding ways to lower my bursar bill, SSS was helpful." Rashad wants to one day inspire high school students to attend college and prepare them to be successful and find the resources they need to accomplish their career dreams.

The Saluki Summer Bridge program helped both of these students transition to SIU, connect to campus resources like the SSS program and have a great first semester.

**Leslie Delgado** majors in sociology with a minor in women, gender and sexuality studies. Leslie is a member of the Latino Cultural Association, Queer Mentors and Criminal Justice Association. She is a student worker at the Hispanic Resource Center. Leslie thanks SSS for helping her succeed in college by offering great mentorship and workshops that have helped her acclimate to campus.



# TWIN CONNECTION

**Raven Gougis** is a sophomore majoring in bio-medical science. She is a McNair Scholar, SPC special events director, RA and is in the Honors Program. Raven believes SSS has contributed to her success by providing excellent resources and support to accomplish her academic and career goals here at SIU. She aspires to become a doctor.



**Ryan Gougis** is a sophomore majoring in criminal justice and is also the president of Phi Rho Eta fraternity. Ryan has been a member of SSS for two years and believes the program gives him the tools and resources to succeed at SIU. He says that SSS has a very personable environment and serves as an outlet for students to develop academically as well as socially.



# MCNAIR SCHOLARS PROGRAM



## **BENEFITS**

- Involvement in a prestigious national program
- Stipend for conducting original summer research
- \$2800 for the eight-week program
- Assistance in preparing for GRE and graduate school
- Support in finding financial aid, scholarships and fellowships

## **ELIGIBILITY**

- Must be a sophomore or junior with at least 2.75 GPA (3.0 recommended)
- Must have the desire to attain a Ph.D.
- Must be:
  - A low-income, first-generation college student or
  - A member of an underserved group in higher education (African-American, American Indian, Alaskan Native, or Hispanic/Latino)

## **MCNAIR SCHOLARS PROGRAM**

**RHETTA SEYMOUR, ASSOC. DIRECTOR**

**WOODY HALL B139—MAIL CODE 4719**

**SOUTHERN ILLINOIS UNIVERSITY**

**900 S. NORMAL AVE.**

**CARBONDALE, IL 62901**

**PHONE: 618/453-4582**

**FAX: 618/453-4596**

**EMAIL: [RSEYMOUR@SIU.EDU](mailto:RSEYMOUR@SIU.EDU)**

**WEB: [MCNAIR.SIU.EDU](http://MCNAIR.SIU.EDU)**



# 2014 GRADUATING SENIORS



CINEMA & PHOTOGRAPHY

Shahan Bellamy has been accepted to the doctoral programs at Indiana University Bloomington, Arizona State University and Washington State University. His accomplishments include receiving the Victoria Ann Schubert Memorial Scholarship and being on the Deans' List since Spring 2012. Mr. Bellamy is interested in studying how media and popular culture impact identity formation of marginalized groups.



MARKETING

Kim Jarosz plans to pursue a graduate degree in structural or environmental engineering. Her accomplishments include winning first place at the Undergraduate Research Poster Forum and presenting her research at the Institute of Biological Engineering conference in Lexington, Kentucky. One of her publications is in review with a scientific journal, and she is working on her second publication. Ms. Jarosz is a recipient of the Provost's Scholarship, Leadership Council Book Scholarship and is a member of the Rho Lambda Honor Society.



MARKETING

DanYale Locke plans to pursue an MBA here at Southern Illinois University. Her accomplishments include serving as president of the Underground Arts student organization and being on the fundraising team for Blacks in Business. Ms. Locke is a three-time recipient of the Warren Cherry Scholarship and most recently held an externship with Burrell Communications in Chicago. She continues to serve as a student office assistant in the President's Office.



PSYCHOLOGY

Javana White has applied to the master's program in social work at the University of Wisconsin-Madison. She is a recipient of the Love of a Mother Award and was a Dean's List scholar in 2011. Ms. White has been a Saluki Peer Mentor and a Student Orientation Leader. She is also an active member of the Zeta Phi Beta Sorority. Ms. White intends to pursue a career as a social worker.



ART & DESIGN

Lonnie Mann plans to pursue a Master of Public Administration degree here at Southern Illinois University. He eventually would like to explore a career in designing bio-medical equipment. His accomplishments include being on the Dean's List, serving as the vice president of the Industrial Design Society of America, Carbondale Chapter, and winning the 2014 Rickert-Ziebold art competition. He is also a veteran of the United States Army.



PSYCHOLOGY

Martisia Mitchell will pursue a Master of Public Administration degree here at Southern Illinois University. She is a member of Alpha Kappa Psi, MANNRS, Blacks in Business and the Dairy Club. Her accomplishments include being on the Dean's List and serving as a volunteer for the Carbondale Women's Center and Sylvan Learning Center. Most recently, Ms. Mitchell worked as a research assistant with Dr. Royce Burnett on a project that identified characteristics of embezzlers.



PSYCHOLOGY

Tapiwa Saliji will pursue a master's degree at the School of Labor and Employment Relations at the University of Illinois at Champaign-Urbana. His accomplishments include serving as the president of the Liberal Arts Leaders, the vice president of SPEAR, the Community Service Chair for National Association of Black Journalists and being a member of the African-American Student Council. Mr. Saliji was a Dean's List scholar in Fall 2012.



# A SCHOLAR'S REFLECTION ON SUMMER RESEARCH INSTITUTE (SRI) 2013

By Shahan Bellamy

The eight-week Summer Research Institute was intense to say the least. Being a McNair scholar brought a level of attention and investment that many of us had never experienced before, and with that investment came high expectations. At times, we didn't know if we would be able to rise to the occasion. The task of spending 40 hours a week wholly focused on conducting research was new territory for all of us. Formal research was foreign territory and the forming of research questions, the grinding task of getting human subjects approval and actually analyzing data often seemed like unachievable tasks. On several occasions a group of us would pile in the McNair office well past sundown encouraging each other to type one more page or complete one more graph or read just one more journal article. In reality, all we wanted to do was sleep. The word "overwhelmed" didn't even come close to describing how we felt. More than once I would think to myself "What have I gotten myself into? There is no way I am going to be able to finish this in eight weeks!" On top of research, there were GRE prep classes, meetings with faculty and group sessions with the McNair Graduate Assistants; not to mention the summer heat always knew when to show up to add to the fun.

Luckily for us, even in our moments of uncertainty, we all knew we had an unwavering support system in our mentors. Week after week, our mentors bestowed their knowledge upon us; but more importantly, they guided us with patience. Without a doubt, all of the mentors served as valuable resources that helped each of us survive this process.

I would personally like to recognize my mentor, Dr. Angela Aguayo, who consistently saw greatness in me, when I couldn't see it myself. Dr. Aguayo would end every email with "Push harder, you're on to something great!" Those words became my motivation to not disappoint her and rise and meet those expectations that kept me going those eight weeks.

To my fellow scholars: we did it! It has been a pleasure to be surrounded by such an intelligent group of people. Our journey began in a conference room filled with 11 strangers but by the end of the first week, I knew I was surrounded by some of the best students the world has to offer.

The actress Jeanne Moreau once said "Life is an accomplishment and each moment has a meaning and you must see it." This is your moment; enjoy it, because you have more than earned it.

## 2014 MCNAIR SCHOLARS

Bianca Alaniz	Raven Gougis
Lateesha Baquet	Kenyahtta Gray
Curtis Brown	Asia Lee
Gina Collori	Claudia Martinez
Timothy DeKoster	Siedah McNeil
Brenda Escutia	Leslie Murray
Shantel Franklin	Casi Scheidt

**TRUE COURAGE  
COMES FROM  
ENDURING...  
PERSEVERING...  
AND BELIEVING  
IN ONESELF.**

**-DR. RONALD E. MCNAIR**



**SIU** Southern Illinois University  
CARBONDALE